

Raw Catsup

Swick

Makes 1 1/2 cups | Active Time: 30 minutes | Total Time: 30 minutes

Step 1: Preparing the Catsup

- 3/4 cup sun-dried tomatoes (if not soft, soak in warm water for 30 minutes and drain)
 - 1/2 cup cherry tomatoes
 - 1 tbsp apple cider vinegar
 - 1 tbsp onion granules
 - 3 tbsp agave or date paste
 - 1 tsp sea salt, or to taste
 - 1/4 tsp white pepper
- To prepare the catsup, in a food processor, add all of the ingredients and blend until smooth.
- If using a high-speed blender you may need to add a splash of water to help blend the ingredients.