

Low-Fat Tahini Dressing

Swick

Makes 2 cups | Active Time: 10 minutes | Total Time: 10 minutes

Step 1: Make the Dressing

- 1 lb. zucchini or yellow summer squash, peeled and chopped
- 2 tablespoons lemon juice
- 1 tablespoon tahini
- 3 cloves garlic, minced
- Sea salt, to taste (optional)
- Freshly ground black pepper, to taste

Combine all ingredients in a blender. Cover and blend until smooth.

Transfer dressing to a glass jar. Cover and chill up to 5 days.