

Celery and Hummus

Swick

Makes 1 servings | Active Time: 5 minutes | Total Time: 5 minutes

Chef's Notes

Nutrition: Calories 158; Fat 11g; Carbs 12g; Fiber 5g; Sugar 1g; Protein 5g; Cholesterol 0mg; Sodium 326mg; Vitamin A 374IU; Vitamin C 2mg; Calcium 61mg; Iron 2mg

Step 1: Method

- 1/4 cup Hummus (60 grams)
 - 2 stalks Celery, sliced
- Combine items into the snack box.