

Tico Tropical Salad

Swick

Makes 4 servings | Active Time: 15 minutes | Total Time: 15 minutes

Step 1: Making the Salad

- 1 cup papaya, peeled, seeded, and cut into 1/2-inch dice
 - 2 bananas, cut into 1/2-inch dice
 - 2 cups melon (any variety, like honeydew or watermelon), cut into 1/2-inch dice
 - 1 cup pineapple, peeled, cored, and cut into 1/2-inch dice
 - 1 tablespoon honey
 - Juice of 1/2 lime
 - Chopped nuts or shredded coconut (optional)
- In a large bowl, mix fruit together.
- In a separate small bowl, whisk together honey and lime juice until combined. Then pour over fruit and gently mix to distribute dressing.
- Top with chopped nuts or shredded coconut, if desired, and serve cold.