

Sipping Sweet Corn Custard

Swick

Makes 12 servings | Active Time: 20 minutes | Total Time: 30 minutes

Step 1: Making the Dish

- 1 pound cornmeal
 - 3 one-inch pieces of ginger, peeled and sliced
 - 4 cups water
 - 4 cups vanilla soy, rice, almond, or coconut milk
 - 1/4 cup granulated sugar
 - Ground cinnamon or nutmeg (optional)
- In a saucepan, bring all ingredients to a boil, then reduce heat immediately to low. Simmer for 20 minutes, stirring occasionally as the liquid thickens. Add more milk if you prefer a thinner drink. Remove ginger pieces before serving.
- Serve hot, or wait for it to cool and enjoy over ice.